

## **Tiziana Mifsud**

Tiziana Mifsud is a sports podiatrist at Mater Dei Hospital. Her interests focus on the mechanisms of lower limb injury in sports and exercise and the influence of interventions on lower limb biomechanics and injury risk. She is currently reading for a Ph.D. at the University of Malta, Department of Podiatry, researching the mechanical properties of the Achilles tendon during injury. She holds a bachelor's degree in podiatry from the University of Malta and was awarded a Master of Science in Clinical Biomechanics from the University of Brighton, United Kingdom in 2015. She is part of the scientific research team on the Dense Recording of In-shoe Foot Temperature project. She is a Fellow of the **Royal College Of Physicians and Surgeons Of Glasgow**. Ms. Tiziana Mifsud held the position of education officer for the Association of Podiatrists of Malta in 2017. She is a lecturer at the University of Malta for Podiatry undergraduate studies. She also lectures at the Malta College of Arts, Science & Technology for the Sports and Exercise students reading for a Master's degree.